

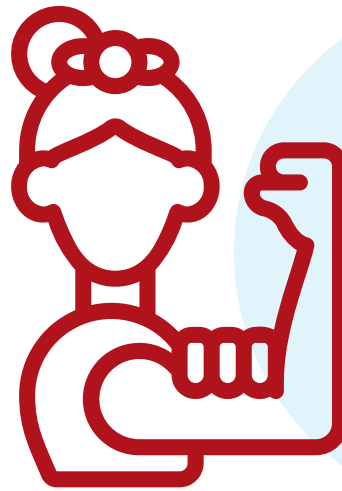
## THE IMPORTANCE OF SUPPORTING WOMEN

### JOHARI WINDOW

*A Tool to Discover Strengths & Weaknesses*

	Known by Self	Unknown by Self
Known to Others	<b>Open</b>	<b>Blind Spot</b>
Unknown to Others	<b>Hidden</b>	<b>Unknown to All</b>

### Uncover Your Story!



*I Feel  
Confident  
When I*

*\_\_\_\_\_.  
(Do this or  
master that)*

### QUESTIONS TO ASK YOURSELF



- ? What do you believe about yourself that has wounded you?
- ? What might you be overlooking or dismissing about yourself?
- ? Do you compare yourself to others?
- ? Are you struggling with a self-worth issue? What is your self story?
- ? If you didn't believe the story about yourself, who would you be?

### 3 Powerful Questions that Will Help You Grow and Improve

1

What did you learn from this situation?

2

How can you grow as a person?

3

What is something positive about this?